

Fabric Weight Conversion Chart

g / m ²	45 " wide per yard		60 " wide per yard		square yard	
Gram	Ounce	<i>Gram</i>	Ounce	<i>Gram</i>	Ounce	<i>Gram</i>
50	1.8434	52.258	2.458	69.677	1.475	41.806
60	2.212	62.71	2.95	83.613	1.77	50.167
70	2.581	73.16	3.44	97.549	2.064	58.53
80	2.95	82.613	3.932	111.484	2.36	66.89
90	3.318	94.064	4.424	125.42	2.654	75.25
100	3.686	104.516	4.915	139.355	2.95	83.613
110	4.055	114.967	5.407	153.29	3.244	91.973
120	4.424	125.42	5.898	167.226	3.539	100.334
130	4.7926	135.871	6.39	181.161	3.834	108.7
140	5.161	146.322	6.881	195.097	4.129	117.05
150	5.53	156.774	7.373	209.032	4.424	125.418
160	5.899	167.225	7.865	222.968	4.719	133.78
170	6.267	177.677	8.356	236.903	5.014	142.14
180	6.636	188.128	8.848	250.839	5.309	150.5
190	7.004	198.58	9.339	264.774	5.6	158.86
200	7.373	209.032	9.831	278.71	5.9	167.22
210	7.742	219.484	10.323	292.645	6.194	175.58
220	8.11	229.935	10.814	306.581	6.488	183.95
230	8.479	240.387	11.305	320.516	6.783	192.3
240	8.848	250.838	11.797	334.452	7.07	200.67
250	9.216	261.29	12.289	348.387	7.373	209.03
260	9.585	271.741	12.78	362.323	7.668	217.4
270	9.954	282.193	13.272	376.258	7.963	225.75
280	10.323	292.645	13.763	390.194	8.258	234.11
290	10.691	303.096	14.255	404.13	8.553	242.11
300	11.06	313.548	14.746	418.065	8.848	250.83
310	11.428	323.9	15.238	432	9.142	259.2
320	11.797	334.45	15.729	445.936	9.437	267.56
330	12.166	345	16.221	459.871	9.732	275.92

1 ounce = 28.35 gram
1gram = 0.03527 ounces

1 pound = 16 ounces
1 pound = 453.592 grams